



# Resource Centers

At

## Glenwood and Woodward

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### Purpose

Iowa's two State Resource Centers (SRCs) provide a variety of treatment and outreach services for Iowans with intellectual or developmental disabilities. Services include support planning for living and participating in the local community and attainment of individual goals.

### Who

Most individuals who live at the SRCs are admitted because of significant behavioral or medical issues with an additional diagnosis of mental illness. Most were prescribed at least one psychotropic medication to treat a mental illness at the time of admission. The SRCs serve individuals with the following characteristics:

Adaptive Functioning Level & Severity of Intellectual Disability		
	GRC	WRC
Mild	17.8%	7.8%
Moderate	15.8%	30.4%
Severe	18.8%	41.2%
Profound	47.6%	20.1%
Other	0%	0.5%

Individuals with Other Challenges & Needs		
	GRC	WRC
Seizure disorder	51%	26%
Dysphagia (life-threatening swallowing disorder)	82%	76%
High risk of aspiration (food or liquid into lungs)	37%	10%
High risk for sustaining injuries related to behavior	44%	

### What

The SRCs provide ICF/MR residential services, diagnostic evaluation, assistive technology, treatment for dysphagia, nutritional assessment and management, and community outreach and services.

### How are We Doing?

- From 2005 to 2010 the average daily census at the two centers has steadily declined. This trend reflects an increase in community-based living and is expected to continue.
- The SRCs provide supported community living services, respite, and supported employment through the Iowa Medicaid Home and Community Based Services (HCBS) waivers at 22 locations in surrounding communities. Glenwood currently serves 32 individuals in 9 locations and Woodward currently serves 39 individuals at 13 locations.
- The SRCs are active participants in the department's Money Follows the Person (MFP) grant which provides opportunities for individuals to move out of facilities into their own homes in the community of their choice. Funding is provided for transition services and enhanced supports needed for the first year.
- The Iowa Program Assistance Response Team (I-PART) provides expert crisis assistance to families and community service organizations. I-PART addresses unsafe and socially unacceptable behaviors that jeopardize community living.
- In 2009 and 2010, WRC and GRC received notice that they achieved substantial compliance with the U.S. Department of Justice 2004 civil rights consent decree.
- In SFY 2011, the SRCs will pursue creation of 3-person capacity homes for short-term crisis stabilization services targeted to individuals with co-occurring intellectual disabilities and mental illnesses.

Average Daily Census		
FY	GRC	WRC
2005	377	266
2006	354	256
2007	338	246
2008	326	232
2009	314	216
2010	292	203